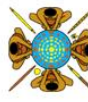




Department of Health



GURRINY YEALAMUCKA
HEALTH SERVICE ABORIGINAL CORPORATION



Communique

NT and FNQ Diabetes in Pregnancy Partnership

Annual Investigator, Clinical Reference Group and Indigenous Reference Group meetings

Darwin, 29th – 31st August 2018

The Partnership's annual Investigator meeting, as well as Clinical Reference Group and Indigenous Reference Group meetings were held in Darwin, August 2018. Overarching priorities regarding the future direction of the Partnership were agreed.

The Partnership is focussed on a lifecourse approach to the management and prevention of diabetes and related conditions

Three priority areas for current and future work were identified:

- Preconception care and post-partum follow-up
- Prevention and management of overweight and obesity in youth
- Managing type 2 diabetes in youth

1. Preconception care and postpartum follow-up

- a.) Key Five messages to be promoted; glycaemic management, breastfeeding, smoking, weight and contraception
- b.) Messages for women to be complemented by messages regarding benefits to children
- c.) Work with child health teams to reinforce maternal health messages when seeing children

2. Overweight/obesity in youth

- a.) Summarise and disseminate lessons learnt and implementation of programs that have been successful in other states
- b.) Development of clinical guidelines for screening and management of overweight and obesity in children of all ages and screening for diabetes from ≥ 10 years

3. Managing type 2 diabetes in youth

- a.) Current research includes audits to assess rates of diabetes in youth and interviews with Aboriginal youth with diabetes to understand their experience
- b.) Development of enhanced Models of Care
- c.) Advocacy and urgent communication to communities, organisations and government