



## NT Diabetes in Pregnancy Clinical Register

### INFORMATION FOR WOMEN WITH DIABETES IN PREGNANCY

#### What is the NT Diabetes in Pregnancy Clinical Register?

The Clinical Register has information about women with diabetes in pregnancy in the Northern Territory. The Clinical Register uses information that your health service and the hospital collect about your pregnancy and your baby. Information from your medical records such as: type of diabetes, medications, baby's weight and any complications goes onto the Clinical Register. This helps health professionals and services understand how diabetes during pregnancy affects the mother and her baby.

#### Why is working with the Clinical Register important?

More and more women are experiencing diabetes during pregnancy. The information from the Clinical Register helps us to know how many women have diabetes during pregnancy and how it may affect a woman and her baby. The information is grouped together (without names) so health services can understand the big picture and use this in their planning to improve care for women with diabetes in pregnancy.

Women with gestational diabetes are at increased risk of developing type 2 diabetes later in life. The Clinical Register may also send a reminder to your health service so they can follow up with you after your baby is born and discuss staying healthy. Your information will only be shared with the doctors or nurse educators.

#### What information is shared with the Clinical Register?

The Clinical Register contains information about your diabetes, your pregnancy and your baby's birth. This can include results from your tests and ultrasounds, information about your medications and information about your baby's birth (for example your baby's birthweight).

The information shared with the register comes from what is already recorded at your clinic and at the hospital.

#### What do you have to do now?

You don't have to do anything because your health service has agreed to be part of the Clinical Register.

Your information will automatically be put on the Clinical Register unless you decide to opt out. You can ask at any time to have your name removed from the Clinical Register.

If you are worried, or do not want your details to be included on the Clinical Register, please let your health professional know and they can fill in the form/or ring the numbers listed on the website (<https://dipp.org.au>). You can also email: [DIPClinicalRegister.THS@nt.gov.au](mailto:DIPClinicalRegister.THS@nt.gov.au) with your first and last name, your date of birth and your address and request to be removed from the register.

#### Contact information:

If you have any questions or would like more information, please contact the Diabetes Across the Lifecourse: Northern Australia Partnership on:

Phone: (08) 8946 8528

Email: [ntdippartnership@menzies.edu.au](mailto:ntdippartnership@menzies.edu.au)

Website: <https://dipp.org.au>

If you have concerns about this project you can also contact the relevant ethics committee. In the Top End, please contact: (08) 8946 8600 or email: [ethics@menzies.edu.au](mailto:ethics@menzies.edu.au). In Central Australia, please ring: (08) 8951 4700 or email: [cahrec@flinders.edu.au](mailto:cahrec@flinders.edu.au)