

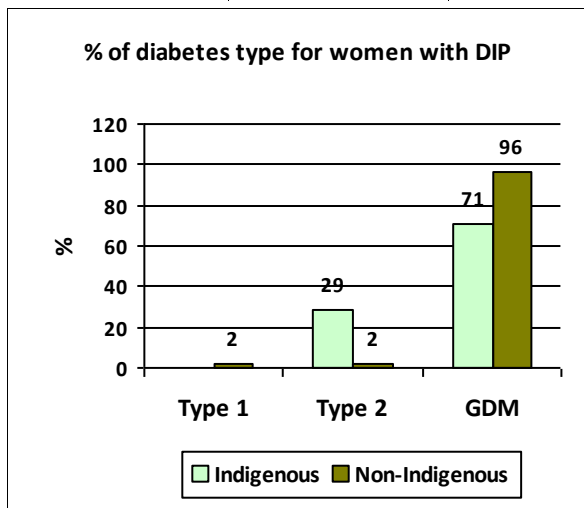
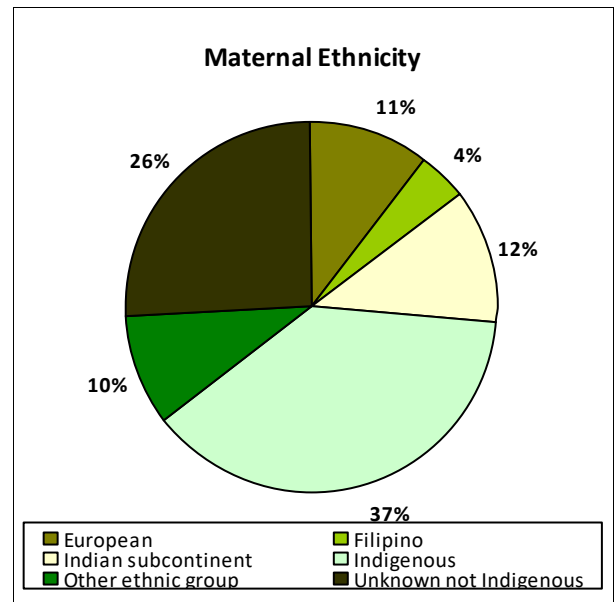
# Northern Territory Diabetes in Pregnancy (DIP) Clinical Register

## Summary of Key Findings for NT: January 2019 to December 2019

### 1. Maternal characteristics for women with DIP

No. of pregnancies	458
Twin pregnancies	10
No. of births	468
2 pregnancies within timeframe	0

	Indigenous	Non-Indigenous
No. of pregnancies	173	285
Average Age (years)	29.5	32.4
Regional/Remote	62%	8%
Nulliparous:	27%	46%
Ultrasound <= 13 weeks	58%	85%
Smoking at 1st Antenatal	35%	8%



### 2. HbA1c in women with Type 2 Diabetes

Type 2 Diabetes	Indigenous	Non-Indigenous
No.	52	7
Average HbA1C (%)	8.1	6.7
Median gestation (weeks) at this HbA1c	10.3	6.4

### 3. Birth Outcomes for women with DIP \*

Births	Type 2	GDM
No. of births	59	403
Live birth	92%	99%
Caesarean section	69%	41%
Still birth/neonatal death (n)	<5	<5
Miscarriage/termination (n)	<5	<5

\*Note excludes n=6 women with type 1 diabetes

Weight and Gestational Age	Type 2	GDM
Birth weight (gm)	3330	3235
Gestational age (wks)	36.6	37.9
% LGA	40%	13%
% SGA	4%	8%

Congenital Anomalies	Type 2	GDM
Major anomaly	5%	2%
Minor anomaly	2%	3%

This report is for those involved in the care or care coordination of women with diabetes in pregnancy and their babies. The information in this report is not to be used or reproduced without the permission of the NT and FNQ DIP Partnership Steering Committee. Please contact [ntdippartnership@menzies.edu.au](mailto:ntdippartnership@menzies.edu.au) for more information.

In this report, Indigenous is used to refer to both Aboriginal and Torres Strait Islander women