

FNQ Diabetes in Pregnancy Clinical Register (DiPPiNQ) Information for Women

Purpose of the Clinical Register

The Clinical Register contains information about women with diabetes in pregnancy in Far North Queensland. All women who have diabetes in pregnancy can be included on the Clinical Register. This includes type 1, type 2 and gestational diabetes.

The Clinical Register assists health professionals involved in the management of your diabetes care during pregnancy, including follow up for diabetes screening after pregnancy. The Clinical Register is used to monitor the quality of care provided to women with diabetes in pregnancy and generates reports about the health outcomes of women and their babies during and following pregnancy. These reports assist health professionals and services understand and improve the way diabetes in pregnancy care is provided across the region

The Clinical Register also monitors how many women have diabetes in pregnancy and helps to plan for future diabetes in pregnancy services.

Staying Healthy with Diabetes in Pregnancy

If you have diabetes in pregnancy, there are ways that can help to improve your diabetes management and have a healthy pregnancy and birth. These include:

- ❖ Eating the right amount of healthy foods
- ❖ Being physically active
- ❖ Attending your routine health appointments
- ❖ Checking your blood sugar levels regularly
- ❖ Taking your diabetes medications, including insulin if required

Information collected for the Clinical Register

The Clinical Register contains information about your diabetes, pregnancy and baby's birth.

Your information will be included on the Clinical Register unless you advise otherwise (opt out). Information for collected for the Clinical Register includes:

- ❖ Individual details - your name, date of birth, where you live and where you come from
- ❖ Pregnancy health information - about your pregnancy and diabetes
- ❖ Diabetes test results and any diabetes medication you take
- ❖ Details about your birth–delivery information, your baby's health at birth and breastfeeding
- ❖ Other health information that is important for health staff to know about your diabetes and your pregnancy eg what happened in your past pregnancies, if you have other medical problems such as high blood pressure.
- ❖ Any tests related to your pregnancy e.g. blood tests, ultra-sounds

The information collected for the Clinical Register comes from what is already recorded at your clinic and at the hospital.

How is your health information used?

Summary information about the health of women and their babies who have diabetes in pregnancy is regularly reported to clinicians and health services to assist with monitoring and making improvements to clinical management and health services. Summary information from the Clinical Register does not contain any of your personal details or private information such as your name. Summary information is used for monitoring and quality improvement, and may be published as research. Please contact the Project Team below if you are interested in information published from the Clinical Register.

How long will your health information be kept?

Your name and information will remain on the Clinical Register with details added for each pregnancy, unless you request to opt out from the Clinical Register. indefinitely unless you ask for it to be taken off or the register is no longer in use.

Removing your name from the Clinical Register (Opt out)

Your information will be included on the Clinical Register unless you advise otherwise (opt out). If you do not want your name to be included on the Clinical Register please let a health professional looking after you know, who will request information to be removed on your behalf. You can ask for your name and information to be removed at any time with no consequences to your health care.

You can also remove yourself from the Clinical Register at any time by completing the 'Removal of details from Clinical Register' form available at <https://diabeteslifecourse.org.au/diabetes-in-pregnancy-partnership/>

Further information

If you have any questions or would like more information please contact the the Diabetes in Pregnancy Coordinator at Menzies School of Health Research – DIPPINQ@menzies.edu.au or 08 8946 8509

You can also visit the Diabetes in Pregnancy Partnership Website – <https://diabeteslifecourse.org.au/>

If you have any concerns or complaints about this project, you may contact the FNQ Human Research Ethics Committee Coordinator on (07) 4226 5513 or by email FNQ_HREC@health.qld.gov.au

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