

## FNQ Diabetes in Pregnancy Clinical Register (DiPPiNQ) Information for Health Professionals

### Purpose of the Clinical Register

Diabetes in pregnancy (DIP) can affect the short- and long-term health of both mother and baby, and is a key opportunity to break the intergenerational cycle of diabetes. DIP affects 1 in 6 pregnant women nationally and in some populations may be higher. The Far North Queensland (FNQ) DIP Clinical Register was established in 2016 and is used to understand the prevalence and outcomes of women with DIP and their babies, and improve DIP related care in FNQ. From 2022 onwards, the FNQ DIP Clinical Register will transition to a sustainable model that uses opt out consent (instead of verbal consent) and electronic data extraction (instead of manual data entry).

### Inclusion on the Clinical Register

All women 16 years and over with DIP (includes type 1, type 2 and gestational diabetes) will be included in the Clinical Register unless they advise otherwise. If a woman does not wish to be included on the Clinical Register, they can opt out at any time without explanation and with no consequences to her health care.

A woman's information will remain on the Clinical Register with details added for each pregnancy, unless she requests to opt out.

Information brochures and posters to promote the Clinical Register are provided to health services and hospitals across FNQ. It would be greatly appreciated if women could receive the brochures as part of their antenatal care information packs and the posters displayed in clinic waiting areas to increase awareness about the Clinical Register.

### Opt-out and removal of information from the Clinical Register

If a woman decides to opt out of the Clinical Register, she can request for her information to be removed at any time without explanation and with no consequences to her health care.

The request form '**Removal of details from Clinical Register**' form can be completed by the woman, their nominated health professional, or via the associated website -

<https://diabeteslifecourse.org.au/>

### How is information from the Clinical Register used?

Information from the FNQ DIP Clinical Register is used to understand the prevalence and outcomes of women with DIP and their babies, and improve DIP related care in FNQ.

The Clinical Register assists health professionals to access important information about women's diabetes care and follow up for diabetes screening after pregnancy. Individual level information from the Clinical Register is used to support recall/follow up of women with DIP to provide reminders to about post-partum diabetes screening (through the Cairns Diabetes Centre only). Only health professionals involved in the management of women with DIP can view individual level information from the Clinical Register.

Summary information from the Clinical Register is deidentified and grouped. This summary information helps health professionals and health services understand and improve how we care for women with diabetes in pregnancy across the region. It is used for monitoring (Key Findings Reports) and quality improvement, and may be published as research.

### Further information

If you have any questions or would like more information please contact the DIP Coordinator – [DIPPINQ@menzies.edu.au](mailto:DIPPINQ@menzies.edu.au) or (08) 8946 8509.

You can also visit the Diabetes in Pregnancy Partnership Website – <https://diabeteslifecourse.org.au/>

If you have any concerns or complaints about this project, you may contact the FNQ Human Research Ethics Committee Coordinator on (07) 4226 5513 or by email [FNQ\\_HREC@health.qld.gov.au](mailto:FNQ_HREC@health.qld.gov.au)

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