



DIABETES ACROSS THE LIFECOURSE: NORTHERN AUSTRALIA PARTNERSHIP

*"Community Leading the Way:
Engaging & Guiding Research"*

2021 VIRTUAL ANNUAL EDUCATIONAL SYMPOSIUM

FRIDAY 10TH SEPTEMBER

JMB Building, Building 58
Royal Darwin Hospital Campus , DARWIN NT
or via Zoom

8:30am TO 1:00PM (ACST)



SESSION 1

CO-DESIGNING WITH COMMUNITY

Chair: Dr Christine Connors – Executive Director Population Health & Primary Health Care, Top End Regional Health Services



8:30 AM Official Opening - Prof Alan Cass & Welcome to Country - Trent 'Bandarrrik' Lee

8:45 AM **A/PROF TREENA DELORMIER, MCGILL UNIVERSITY, CANADA**

The Kahnawake School Diabetes Prevention Program (KSDPP) – an enduring community-university partnership enhancing capacity for Indigenous Health Research

Treena Wasonti:io Delormier, PhD, PDt

Treena Wasonti:io Delormier is Kanien'kehá:ka (Mohawk). She is an Associate Professor in the School of Human Nutrition at McGill University. She is a Registered Dietitian with a master's of science in nutrition and doctorate in Public Health (Health Promotion). She currently serves as Scientific Director of the Kahnawake Schools Diabetes Prevention Project (KSDPP), a 27-year community-university research partnership and health promotion program in her home community of Kahnawake, near Montreal, Quebec. She holds a Canada Research Chair in Indigenous Food Sovereignty and Nutrition.



9:30 AM **DR KARLA CANUTO, SOUTH AUSTRALIAN HEALTH AND MEDICAL RESEARCH INSTITUTE, ADELAIDE**

Designing Aboriginal and Torres Strait Islander Physical Activity

Dr Kanuto is a Torres Strait Islander, an experienced health promotion professional and health researcher. Karla's qualifications include a Bachelor of Sports Science (JCU) and a Graduate Diploma in Indigenous Health Promotion (Uni Sydney). Karla's PhD was awarded by the University of South Australia, conferred in 2013.

Karla currently leads the Capacity Development Platform within Wardliparingga Aboriginal Health Equity at SAHMRI. The Capacity Development Platform aims to strengthen the capacity of all researchers working in Aboriginal and Torres Strait Islander health research; support the next generation of Aboriginal and Torres Strait Islander health researchers to increase Indigenous-led research; and ultimately improve the health and wellbeing of Aboriginal and Torres Strait Islander peoples and communities.



10:00 AM **DR RENAE KIRKHAM - RESEARCH FELLOW & IMPLEMENTATION SOCIAL SCIENCE RESEARCH LEAD**

Communities informing and guiding diabetes prevention

Dr Kirham is a social scientist with an interest in the social determinants of health and complex health interventions. Renae works for the DIABETES across the LIFECOURSE: Northern Australian Partnership and is co-leading a program of work with Professor Louise Maple-Brown which aims to enhance models of care across northern Australia for youth with type 2 diabetes. Renae is jointly teaching the Qualitative Research Methodology unit for Menzies Masters of Public Health



10:10 AM **MS EYVETTE HAWTHORNE - ABORIGINAL HEALTH PRACTITIONER, TOP END HEALTH SERVICES & ABORIGINAL & TORRES STRAIT ISLANDER ADVISORY GROUP**

Lived experiences of being an Aboriginal Health Practitioner

Ms Hawthorne is a descendant from the Gunggandiji country also known as Yarrabah in Queensland. Evyette is currently an Aboriginal Health Practitioner with Midwifery Group Practice at the Top End Health Service. Evyette commenced her training at Danila Dilba Health Service and has been an AHP since 2004. She feels privileged to learn from elders, community members, patients about their history and the need for Aboriginal health services. Evyette believes it is the story telling, sharing of stories and historical knowledge and the opportunity for have a two way sharing exchange that have been her foundations as an AHP. Evyette has been a member of the DIABETES across the LIFECOURSE: Northern Australia Partnership Aboriginal & Torres Strait Islander Advisory Group since 2017.



10:20 AM **PANEL - DISCUSSION AND FEEDBACK**

Dr Karla Canuto, Dr Renae Kirkham, Ms Evyette Hawthorne

10:45am **Morning Tea and Networking**

11:15 AM DR ANNA WOOD, PHD STUDENT & ENDOCRINOLOGIST

DIABETES across the LIFECOURSE: Northern Australia Partnership Recent Key Findings

Dr Wood is a physician in Endocrinology and General Medicine at Royal Darwin Hospital. She moved to Darwin after undertaking specialist endocrinology training at The Austin and Monash Health in Melbourne. Dr Wood is co-director of diabetes at Royal Darwin Hospital and leads the weight management clinic. Dr Wood is currently undertaking a PhD at Menzies School of Health Research focusing on diabetes in pregnancy and cardiometabolic health in the Northern Territory. She has developed expertise in research in diabetes, obesity and Aboriginal and Torres Strait Islander healthcare. As chief investigator for a HOT NORTH Pilot Project Grant, Dr Wood led formative work interviewing Aboriginal women with lived experience of diabetes. This formative work led to the Diabetes in Pregnancy co-design project, for which she is an Associate Investigator. Dr Wood is also a member of the Northern Territory Diabetes in Youth Working Group, with a focus on type 2 diabetes. As part of this group, she has been involved in designing diagnostic, referral and management pathways for young people with diabetes.



11:35 AM MS SIAN GRAHAM - ABORIGINAL & TORRES STRAIT ISLANDER ADVISORY GROUP CHAIR

Communities informing and guiding diabetes in pregnancy

Ms Graham is of Noongar and Bardi -Jawi decent from two different areas in Western Australia, the Balladong Wheatbelt region and One Arm Point in the Kimberley. Sian has had a number of opportunities to undertake research in both urban and remote communities across the Northern Territory and the Kimberley. Sian has worked at Menzies School of Health Research for over 11 years across several divisions, including Child Health, Wellbeing and Preventable Chronic Disease, and Tropical and Emerging diseases. During this time, Sian has been able to connect with participants and build strong relationships based on trust and respect. Sian is dedicated and committed to working towards improving health outcomes for Aboriginal and Torres Strait Islander people. Sian believes that it is her responsibility as an Aboriginal researcher to advocate for Aboriginal and Torres Strait Islander people and their rights. Sian believes it is imperative that Aboriginal and Torres Strait Islander people have the opportunity to guide research and that collaborative approaches are required.



11:55 AM MS DENELLA HAMPTON - MIDWIFE AUSTRALIAN NURSE-FAMILY PARTNERSHIP, CONGRESS AND ABORIGINAL & TORRES STRAIT ISLANDER ADVISORY GROUP

A clinical perspective of supporting women with their mental health

Ms Hampton is a descendent of the Warumungu tribe, born in Alice Springs and raised in Far North Queensland. Denella is a member of the Diabetes Lifecourse Aboriginal & Torres Strait Islander Advisory Group and has been a midwife for 6 years. Denella is passionate about working with vulnerable women and educating women about healthy pregnancies and growing healthy babies. Denella is hoping to further her degree with a Post Graduate Certificate in Perinatal & Infant Mental Health.



12:10 PM PROF ALEX BROWN, SOUTH AUSTRALIAN HEALTH AND MEDICAL RESEARCH INSTITUTE, ADELAIDE

Diabetes, Hearts and Minds

Professor Alex Brown is an Aboriginal medical doctor and researcher. He grew up on the south coast of New South Wales (NSW) with family connections to Nowra, Wreck Bay and Wallaga Lake on the far south coast of NSW. Alex has established an extensive and unique research program focused on chronic disease in vulnerable communities, with a particular focus on outlining and overcoming health disparities. He leads projects encompassing epidemiology, psychosocial determinants of chronic disease, mixed methods health services research in Aboriginal primary care and hospital settings, and randomised controlled trials of pharmacological and non-pharmacological chronic disease interventions. He has been heavily involved in engaging government and lead agencies in setting the agenda in Aboriginal cardiovascular disease management and control and chronic disease policy more broadly.



12:40 PM PANEL - DISCUSSION AND FEEDBACK

Dr Anna Wood, Ms Sian Graham, Ms Denella Hampton, Prof Alex Brown

1:00 PM CLOSE

REGISTER NOW!

Registration: <https://www.stickytickets.com.au/6UEC4>

Registration is free but essential.

Please register ASAP as numbers are strictly limited.

DIABETES across the LIFECOURSE: Northern Australia Partnership *would like to acknowledge our partners:*



ABORIGINAL AND TORRES STRAIT ISLANDER ADVISORY GROUP & CLINICAL REFERENCE GROUP MEETING TO FOLLOW:

1:30pm to 4:00pm (ACST), in Darwin NT.

RSVP for afternoon session: <https://www.stickytickets.com.au/Y06Y0>

or ntdippartnership@menzies.edu.au

Lunch provided



For more information, please contact Norlisha Bartlett:
diabetespartnership@menzies.edu.au or (08) 8946 8698