

About The Project

It's important for young people to grow up healthy and strong.

It can be difficult to stay healthy and strong with diabetes, so we are working with young people, families and health professionals to find better pathways to help young people with diabetes.

Lots of Aboriginal and Torres Strait Islander children and young people are getting type 2 diabetes in our community. Children and young people who get type 2 diabetes might get sick later on if they don't get good care. Some of them might need to go on dialysis or have other health problems in the future.

In this project we are working with young people, their communities and health care providers to change the way young Aboriginal and Torres Strait Islander people with type 2 diabetes get care and support.



Contact Us

Office hours: Monday-Friday, 8am-4pm



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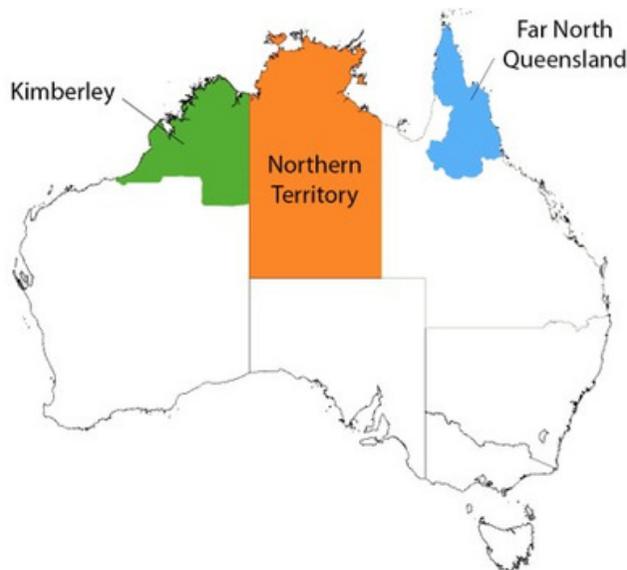
Youth Type 2 Diabetes Project

What We Will Achieve

- 1) A better way of caring for young people with type 2 diabetes.
- 2) Easy to understand educational resources (like videos, flyers etc) to support young people, their families and health professionals to better manage diabetes.

Where We Work

This project is funded until the end of 2023, and spans across four regions: Western Australia's Kimberley region, Far North Queensland and the Northern Territory's Top End and Central Australia. This project sits within the DIABETES across the LIFECOURSE: Northern Australia Partnership.



Our Plan

We are inviting young Aboriginal and Torres Strait Islander people aged 10-25 to share their stories of type 2 diabetes, do questionnaires, and work with us to find better pathways for helping young people with type 2 diabetes.

We are also inviting family and community members and health professionals to be part of the project. Young people can be involved in any of the following activities:

1) Questionnaires

These questionnaires for young people will have questions about about what makes you strong, how you feel, diabetes and your health, food, where you're staying, school and work, exercise, smoking and drinking. We will do these questionnaires at the start and at the end of the project.

2) Sharing your story and being involved in group workshops

Our researchers will meet with young people to understand their stories of type 2 diabetes and to develop better pathways for getting help with type 2 diabetes. Young people can be involved in:

- private yarns/interviews with researchers
- focus group discussions with researchers and their family members or other people who support them
- focus group discussions with researchers and other young people with type 2 diabetes

3) Youth Camps

Youth camps will be fun and engaging, and will provide young people with opportunities to meet other young people with type 2

